



I Wonder... How can Jesus be God and human at the same time?

Read the Bible passages aloud. Then, answer the questions together. Be sure everyone has a chance to speak.

Because God's children are human beings—made of flesh and blood—the Son also became flesh and blood. For only as a human being could he die, and only by dying could he break the power of the devil, who had the power of death. Only in this way could he set free all who have lived their lives as slaves to the fear of dying.

We also know that the Son did not come to help angels; he came to help the descendants of Abraham. Therefore, it was necessary for him to be made in every respect like us, his brothers and sisters, so that he could be our merciful and faithful High Priest before God. Then he could offer a sacrifice that would take away the sins of the people. Since he himself has gone through suffering and testing, he is able to help us when we are being tested.

[Hebrews 2:14-18, NLT](#)

The Son radiates God's own glory and expresses the very character of God, and he sustains everything by the mighty power of his command. When he had cleansed us from our sins, he sat down in the place of honor at the right hand of the majestic God in heaven.

[Hebrews 1:3, NLT](#)

Then Jesus got into the boat and started across the lake with his disciples. Suddenly, a fierce storm struck the lake, with waves breaking into the boat. But Jesus was sleeping. The disciples went and woke him up, shouting, "Lord, save us! We're going to drown!"

Jesus responded, "Why are you afraid? You have so little faith!" Then he got up and rebuked the wind and waves, and suddenly there was a great calm.

The disciples were amazed. "Who is this man?" they asked. "Even the winds and waves obey him!"

[Matthew 8:23-27, NLT](#)





To Discuss:

- Why did Jesus have to become a human being?
- Who did Jesus come to help?
- Can Jesus relate to your struggles?
- Can Jesus show us what God is like?
- In Matthew 8, how does Jesus show that he is God's son?
- Did you know that Jesus is God?
- Did you know that Jesus willingly became a human being to connect with us and relate with us?
- Did you also know that Jesus becoming a human was the only way for him to give his life by dying on the cross to save you from the punishment from your sin?
- Have you seen God working in your life?
- Have you ever thought that Jesus has experienced the same struggles you have?
- How does knowing that Jesus can relate to your struggle help you better connect with him?
- Does knowing that Jesus can relate to you help you trust Jesus more?